



CADS-NCD Mount Pakenham August 2013 Newsletter

It's time to start talking SKIING again!

Volunteer Help Urgently Needed!

Most urgently, **WE NEED A REGISTRAR**. What is required? Deanna Barry, Program Coordinator, will send registration forms out electronically in September and the forms will be e-mailed or mailed back to the Registrar (to their home address). The Registrar updates the contact info in the Excel database for each member (which will be all set up and provided by Deanna). There are about 120 members in total. Things are **busy for October/November, and then taper off in December**, at which time everything gets turned back over to Deanna. **This person needs to be comfortable entering info into Excel and be fairly well organized. It can easily be done evenings or weekends if you are working. Can you help?** Please let's spread the work around!

Secondly, we need someone who would like to be the **YEAR-END ACHIEVEMENT CELEBRATION COORDINATOR**. The date is Sunday, March 2. It would involve planning the Skill-A-Thon, packaging the pledge sheets, working with the Potluck organizers, etc. You could recruit some helpers to divide up the work. It's not a huge task and much of the planning can be done in January (with the help of others). Templates are in place from previous years and you would be welcome to use these or be creative and try something new.

If you are interested in either of these roles and would like to discuss, please contact Deanna at deannabarry@storm.ca or 613-256-7535.

Program Details

The 2014 season will consist of **8 weekly lessons, starting January 4** (note the Saturday start this year, to allow us to get our year-end celebration and Mountain Trip in prior to March Break). Fees are \$200 for lessons plus a mandatory \$30 membership fee charged by CADS national which covers insurance. Most lessons are one-on-one; some are in small groups. Lessons are approximately one hour in length. Fees include lift tickets and equipment rental, if needed (must indicate on the Application Form).

In addition to the regular instructional program, CADS Mount Pakenham runs a Race Program which operates on Tuesday evenings for 8 weeks. If you would like further information on the Race Program, or would like to find out about eligibility, please contact deannabarry@storm.ca

2014 Application Forms

The 2014 Application Forms are being updated and will be sent out in September by e-mail. Skiers from last year will have first opportunity to respond and register. If we haven't heard from you by the date indicated on the registration form, we will move to our waiting list and start accepting new applicants.

Volunteers: The Backbone of CADS

Bottom line is.....we need more volunteers to help with our growing number of participants. On-hill volunteers should be solid intermediate skiers. We can provide all the training needed, as well as ski improvement opportunities. We especially welcome those with current or prior Canadian Ski Instructor Association certification. Do you know someone who can help out once per week on the hill? Please link them up with us. Volunteers, we will once again be paying the \$30 cost of your CADS registration (for insurance). Not a skier but would like to help out in some other way? Contact us today!

Did you know that CADS Mount Pakenham is on FACEBOOK?

Are you a Facebooker? Get updates, see what's happening, send us feedback, post brag photos and link with other CADS families. 'Like' us today. Just search for '*CADS NCD Mount Pakenham Adaptive Ski Program*' on Facebook.

Help Needed at Upcoming Pre-Season Events:

- **Children's Walk for Autism, Saturday August 17, 9:00am- noon**, at the Carleton Place High School track and field. We need one more volunteer to staff the CADS display. Contact deannabarry@storm.ca
- **Carp Fair, September 27-29**. Many volunteers are needed to cover shifts at our trade show display over the course of the weekend, as well as to set up/ take down the display pre and post event. Contact Geoff Cousens at cousensge@gmail.com to sign up for a shift.
- **Mount Pakenham Ski Swap and CADS Bake Sale, November 9 and 10**. A great way to find some used gear or to sell out-grown or little used equipment. We will have a bake sale table and CADS display at the event. We hope you can contribute to the bake sale or consider volunteering at our table for a couple of hours. More information to follow.

Year-End Skill-A-Thon and Achievement Celebration, Sunday, March 2

Mark your calendar for March 2. There will be a Skill-A-Thon at the hill starting mid-day, where ALL of our CADS skiers will be able to participate in fun outdoor events. Members will be encouraged to collect pledges to support the program (it's not mandatory, but it sure helps with program costs). Then we'll move to the upper hall of the Stewart Community Centre in Pakenham for a potluck meal together, followed by awards and a photo show to celebrate the season. Family members are welcome. Stay tuned for further information (we are looking for a volunteer to organize this event).

CADS National Festival, March 16-22, Kimberley BC

Last year George Yaremchuk and Deanna Barry attended the annual CADS National Festival at Sun Peaks BC as volunteer instructors. What an awesome week! Participant skiers and volunteers from across the country came together for a great week of skiing and other fun activities. This year both our local Pakenham CADS Program and the National Capital Division will be budgeting some dollars to assist in sending some skiers and volunteers. Stand-up and sit skiers are both welcome. Kimberley is a big mountain, but they have terrain for all levels of skiers. Volunteers, what a great way to expand your experience. Participants, what an opportunity to try some new hills/ terrain, under the supervision of qualified instructors. Participants would be required to pay some or all of their way. Younger skiers would need a parent to go with them. More information to follow. If you think you may be interested, please contact Deanna to discuss.

Contact Information:

Program Coordinator: Deanna Barry deannabarry@storm.ca 613-256-7535