

## **Ski Hawks Ottawa's Fall 2024 Newsletter**

Hello everyone,

Hope you had a fantastic summer and are now settling in nicely into the beautiful fall season. We can't believe it, but winter will be here before we know it! We're already working hard on planning our ski season, so we hope you're excited too! Here's some important program updates we'd like to share with you.

### **Key dates**

Online registration through [Snowline](#) will begin on **October 28 until November 24, 2024**. Stay tuned for more details on how to register.

We'd love to see you at our virtual info-session on **Monday, November 4, 7 p.m.** via [MS Teams](#). Everyone is welcome to join, especially those who are new to the program or are still considering joining.

Our program will be held on **Monday evenings (7-9 p.m.)**, from **January 13 to March 17, 2025**.

Mandatory guide training will be held on **Monday, January 6, starting at 6:30 p.m.** at Camp Fortune. [Eric Lacasse](#), Technical Director, will reach out to all registered guides in December with further instructions. In the meantime, please mark your calendars.

### **Membership fees (Updated)**

Membership fees for skiers with equipment is now \$200. This covers lift tickets as well as annual memberships for CADS National and CADS-NCD, which are now \$45. The cost for equipment rental is an additional \$30.

Membership fees for guides is now \$45. This covers lift tickets as well as annual memberships for CADS National and CADS-NCD. Guides who are already registered in other CADS programs only need to pay their annual CADS membership once.

### **Criminal Record or Vulnerable Sector (Police) Check for new volunteers/guides (Updated)**

All volunteers/guides over 18 years of age must obtain a valid Police Record or Vulnerable Sector Check every three years.

Ottawa residents can apply with the [Ottawa Police](#) and Quebec residents with the [Gatineau Police](#). To avoid any fees, we can supply a signed letter on behalf of Ski Hawks Ottawa, upon request.

If you are a new volunteer/guide or a returning one who may not have had a chance to complete a criminal record check, please do so at your earliest convenience.

When applying, you may request a signed letter attesting your participation to the program. By doing so, you should avoid fees. Another option is to use the Sterling Backcheck offers in Snowline. This option is \$25.

Once your check is complete, please bring a copy (printed or on your phone) and show it to Jenny Curtis, Kim Leahy, or Eric Lacasse at the ski hill. We will then write down that you've completed the process in Snowline.

For returning guides, your Vulnerability Security Check will be honored as a CRC until it expired (3 years from date of issued)

If you have any questions, please email us at [skihawksottawa@gmail.com](mailto:skihawksottawa@gmail.com).

### **Call out for drivers**

We're calling out to volunteer drivers who can provide transportation to skiers. This may mean a small detour, but we'll do our best to find skiers who live in the same area. Without drivers providing rides to skiers, it would be impossible for most of our skiers to go skiing. If you are available to pick up and/or drop off a skier, please let us know as soon as possible via email at [skihawksottawa@gmail.com](mailto:skihawksottawa@gmail.com).

### **We appreciate your support!**

We are happy to announce our new sponsorships with Pure Lab Vitamins and The Cross Smith Team – Century 21 Macintyre inc. Let us introduce you to who they are and how they bring knowledge, trust, and value.

### **Pure Lab Vitamins**

[Pure Lab Vitamins](#) is an Ottawa-based natural health products company owned by Roger Biddle and Cyrus Kuhzarani. Their journey is fuelled by a deep-seated passion for empowering people with practical knowledge and effective health solutions - to help people reach their potential. From the outset, their mission was crystal clear: to create distinctive products that not only offer genuine therapeutic benefits but also maintain the utmost purity by minimizing non-medicinal ingredients. Pure Lab Vitamins is committed to helping people by laying a robust foundation for health - Cyrus and Roger are humbled by the opportunity to work with amazing organizations in our community, like Ski Hawks Ottawa!



Photo caption: Cyrus Kuhzarani and Roger Biddle from Pure Lab Vitamins



The [Cross Smith Team](#) is made up of three experienced real estate brokers, Kevin Cross, Calvin Smith and Amy Pitkethly. Kevin and Calvin joined forces in 2017 after over a combined 50 years in real estate and have thrived within the industry together. They are both very familiar with all sectors of the Outaouais region and can easily navigate the ins and outs of the complex real estate market. Amy Pitkethly joined the Cross Smith Team in 2024 and to help round out the team with her experience and business not only in the Outaouais, but in Ottawa as well.

The Cross Smith Team has received the prestigious Centurion (2019, 2023) and Double Centurion (2020 to 2022) awards from Century 21. The team ranks among the top sales teams not only in the region, but also in Canada and the world! "We are proud of our accomplishments while maintaining integrity and honesty within the business! It's an honour to support Ski Hawks Ottawa and we can't wait to put on our ski boots and experience the turns at Camp Fortune with you this year."



Photo caption: Calvin Smith, Kevin Cross, and Amy Pitkethly,  
The Cross Smith Team – Century 21 Macintyre inc.

### **Camp Fortune**

We would be remiss if we didn't thank Camp Fortune. [Camp Fortune](#) has supported Ski Hawks Ottawa for over 45 years. Camp Fortune's team has consistently gone over and above to make our ski outings a success – friendly equipment fitting, reserved lodge areas, and on-and-off slope ease supported by warm hospitality. The hot chocolate after is always a welcomed treat!



As a registered Canadian non-profit charitable organization (899680961 RR 0001), Ski Hawks Ottawa mainly relies on membership fees and donations — from both individuals and organizations — to operate year-to-year. Thank you for helping us navigate our financial pressures, we couldn't do it without your contributions and help!

We also appreciate you spreading the word to your family, friends, neighbors and colleagues about our program and its positive impact. Donating is easy. Just go to [CanadaHelps](#). If you prefer, you could also do a-Transfer by email at [skihawksottawa@gmail.com](mailto:skihawksottawa@gmail.com). Tax receipts for donations over \$20 can be issued, upon request. Every dollar counts!

### **Not returning this year, but still have some equipment?**

If you're not planning to return to our program this year, we're sorry to see you go, but hope you'll be back soon. If you have some equipment (e.g., bibs, light, radio, etc.), please [contact us](#).

## **CADS updates**

There will be no CADS festival in Spring 2025. However, the CADS-NCD special day trip at Mont Avila/St-Sauveur will be held on Sunday, March 16, 2025. Skiers will be responsible to recruit their guide(s). More details on the event will follow in late January or early February.

## **Stay connected**

Visit our [Web site](#) to find useful information, including key contacts, calendar of events and the operations manual. Follow us on [Facebook](#) for special announcements, event reminders or program cancellations notices.

If you have any questions or feedback about the program, please [let us know](#). Thank you and looking forward to seeing you soon!

Your Board of Directors

- Kim Leahy, President
- Eric Lacasse, Technical Director
- Murielle Arseneau, Logistics/Social Director
- Jenny Curtis, Snowline/Registration
- Shelley Fraser, Partnership Outreach and Fundraising Support
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