

National Capital Division

CADS Calabogie Peaks Newsletter

Issue 1: Sunday, January 10, 2016



Celebrating 12 years at Calabogie Peaks

To celebrate our 12th season at Calabogie Peaks, we will be hosting a "Patron Appreciation" activity taking place on Saturday January 16th (10.00 am - Noon) at the top of the Lakeview Chair lift in the warming hut. Hot Apple Cider from McLarens Orchard on Burnstown Road and Cookies made by Corrine Sullivan co-owner (along with her Husband Brian) of Calabogie Pizzeria will be available to all skiers for sampling. We are looking for extra volunteers so if you can help out next Saturday, contact Bernie (Bmahusky@hotmail.com).

Our closing banquet will be held on Sunday, 28th of February from 12pm till 3pm at the Calabogie Community Centre (Mill Street). Calabogie Pizzeria will again cater it and there may be a pleasant surprise on the menu again this year. As our banquet is always well attended, we expect the same again this year.... so sign up early at our Program Registration Desk. We are aiming for the 14th of February as our deadline for committing to the banquet. Students and Volunteers are free, outside family members/friends will be asked for the nominal fee of \$5 for children under 16 and \$10 for adults and children over 16. Thank you for your continued support of the banquet.



HAWAIIAN DAY is January 17!

On Sunday, January 17 show off your spirit by dressing up in your favourite Hawaiian inspired clothing and accessories! We can't wait to see your floral, grass-skirts, and leis!

Director's Corner

Welcome to another exciting year!

It is so nice to see the snow at long last. It has been a bit of a challenge getting the season up and running with our training days being pushed back but we're on our way and ready to go. We have had instructors out for multiple days of training and we will make sure that all new instructors are paired with a strong mentor. We are looking forward to a great year and know that it will be busy and fun and the emphasis is on safety for all.

The word of the season is New – new students, new instructors, new management team members, new Peak's indemnity, new registration process, new equipment, new webpage and new Facebook page. Wow that's a lot of new.

The Peaks has worked hard to get their new systems in place so we have online indemnity forms, which will be much easier for everyone to manage, and we have our own new online forms for registration, which will make next year even better. We will be able to send out a revised form, have you check it and send it back to us.

We have a few new faces around the lodge with new instructors and also some new students and we are excited to see everyone coming out. If you know you are away or can't make it give Raymond as much notice as possible so that we can adjust the schedule and make sure we have everyone covered off.

Have you checked out the new webpages and some of the photos there and on Facebook? We hope to update throughout the year so if you catch a great photo send it along to Brittini. We like to post the shots and would love to capture everyone that has approved posting them this year.

We have some new equipment coming and I know that Phil and others are keen to try it out....and also new is a few snowboarders so we'll have to keep up to date on how that is going. It is great to be able to offer that up and have instructors that support a new adaptive sport for us this year. In terms of the management team, Clay Dawdy and Dan Fleming have moved to an advisor role closely linked to the Training side and we are able to seek their guidance and support as we progress through the season. We are so appreciative of their help and backing.

Our Patron Appreciation Day has been moved to January 16th and we are looking forward to serving cider and cookies to the skiers who share the mountain with us. We are hoping for a nice day to bring a smile to everyone's face up on top of the hill. Come by and say hello – we're in the warming hut at the top of Lakeside chair as long as the cookies last.

Our schedule has been revised and the season is on track so looking for more snow and fun. If you have any questions or concerns please let anyone of the Management team know and we'll do our best to address them.

Have fun! And I look forward to catching up with all of you this year.

Keep those smiles coming!

Deb Blimkie

Recognition

Administrator of the Year for the 2014/2015 CADS - NCD

We would like to send big congratulations to Raymond Blimkie, Calabogie - NCD who was recognized with the Administrator of the Year award for the 2014/2015 season!

This award is given to the person who has demonstrated outstanding administrative qualities and actions for their division/zone. (Being sure deadlines are met, immediate action when necessary, running a smooth division or zone.)



Congratulations to all previous recipients! You are what makes it great to be a member of CADS!



CADS Jackets

I wanted to let everyone know that I am taking over the jackets for the CADS Calabogie program. I tried to speak with most volunteers this weekend that did not have a jacket however; some sizes were not available, which I apologize for. If we do not have a jacket that fits you we may be able to order it for you.

If you didn't get a chance to speak with me and do not have a jacket please contact me at blimkieb@gmail.com and include your name and jacket size in the email.

Also, if you are on Facebook feel free to like the CADS Calabogie page. I will posting events and updates there. If you have any pictures you would like me to post to Facebook send them my way via email.

Looking forward to another great season for CADS Calabogie,
Brittni Blimkie

Weekday Volunteers for Snow School

Looks like a busy year with disabled skiers coming during the week through the skiing in Schools Program at Calabogie Peaks.

January 19	Stonecrest E.S. (Stand Up? Sit Ski?)
January 25	St Marks H.S. (Up to 10 students and at least one sit-ski.)
January 26	Stonecrest E.S.
February 2	Stonecrest E.S.
February 4	Huntley P.S. Steve Maclaren P.S.
February 5	McNab P.S.
February 8	Seaway H.S.
February 12	McNab P.S.
February 23	Steve Maclaren P.S.
February 24	A. Lorne Cassidy
February 25	Huntley P.S.
March 2	A. Lorne Cassidy
March 3	Huntley P.S.
March 9	A. Lorne Cassidy

I do not have details at this time as to how many each day or the disabilities. If you can come out to help on any of these days it would be a great help, please contact me. The greatest need will be on January 25.

Al Watson

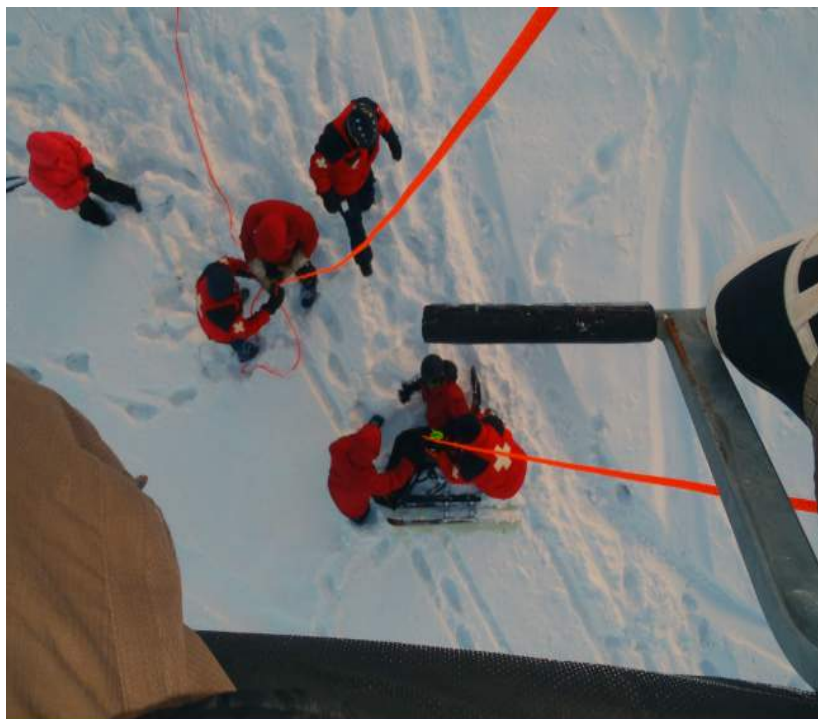


Instructor Certification Training Schedule

Level 1 Sit-Ski Module - Mandatory	PAKENHAM	January 12	6pm - 9pm
Level 1 Sit-Ski Module – Optional 1 *	PAKENHAM	January 13	6pm - 9pm
Level 1 Sit-Ski Module – Optional 2 *	PAKENHAM	January 19	6pm – 9pm
Level 1 ASD/CI Module - Mandatory	CALABOGIE	January 30	9am – 4pm
CSIA Methodology Training Session 1 **	PAKENHAM	February 16	6pm – 9pm
CSIA Methodology Training Session 2 **	PAKENHAM	February 17	6pm – 9pm
CSIA Methodology Training Session 3 **	PAKENHAM	February 23	6pm – 9pm
Level 2 Sit-Ski Module - Mandatory	EDELWEISS	March 5	9am – 4pm
Level 2 ASD/CI Module - Mandatory	EDELWEISS	March 6	9am – 4pm

* Level 1 Sit-Ski module participants must attend the mandatory session **AND only one** of the optional sessions.

** Participants would be NCD volunteers who want to take their CADS Level 1 certification or CADS Specialist module. **MUST attend all 3 nights.** Not required if you have your CSIA Level 1.



Hill Evacuation Information

On January 4, 2015 Al Watson from CADS worked with the Calabogie Ski Patrol to conduct a practice lift evacuation. Many thanks to the ski patrol and the ski school staff that helped on a very cold day.

It was success and the photo beside is one of the sit skis being lower to the ground. It was an excellent opportunity to work with the Ski Patrol and Calabogie Mountain to ensure that everything would run smoothly if we have to execute a real evacuation. It is very unlikely we will ever have to do this but far better to be prepared and able to evacuate as fast and as safely as possible.

They lowered a Mountain man and a bi-ski HOC that let them evaluate and adjust technical requirements for the different set ups of the different sit skis. Safety is exceptionally important and we are pleased with the results of the event.

Weather Report: Winter 2016

The 2016 Old Farmer's Almanac Canadian Edition predicts that many areas of the Commonwealth will feel much like the inside of an icebox—super cold and dry—with below-normal temperatures and snowfall.

We're not expecting more snow than usual, but the temperatures outside will definitely be brisk throughout the season.

Ontario

JANUARY 2016

1st-3rd. Fair, then increasingly cloudy skies.

4th-7th. Stormy with periods of snow spreading in from the West.

8th-11th. Fair skies, turning colder.

12th-15th. Unsettled across Great Lakes with chilly winds.

16th-19th. Snowstorm.

20th-23rd. Stormy conditions exit to the east, then clearing skies.

24th-27th. Another round of snow.

28th-31st. Generally fair skies.

FEBRUARY 2016

1st-3rd. Very unsettled weather sweeps up from the west and south through the Great Lakes.

4th-7th. Becoming fair, much colder.

8th-11th. Snow across central and eastern Ontario.

12th-15th. Fair, then turning stormy, wet, snowy.

16th-19th. Turning fair and colder.

20th-23rd. Relatively pleasant weather. Dry Family Day.



Calabogie Adaptive Skiing Program Events and Schedule

(REV. Dec 28, 2015)

***** Wall Divider Required

DATE	TIME	ACTIVITY	LOCATION
January 10, 2016	10:00-3:00	Calabogie Student Program	Calabogie Peaks *****
January 13, 2016	7pm to 9pm	Volunteer Ski Improvement	Pakenham, Note 5
January 12, 2016	6pm to 9pm	CADS Level 1 Sit Ski module (mandatory)	Pakenham, Note 1
January 13, 2016	6pm to 9pm	CADS Level 1 Sit Ski module (optional)	Pakenham, Note 1
January 16, 2016	10:00-12:00	Patron Appreciation Day	Calabogie Peaks
January 17, 2016	10:00-3:00	Calabogie Student Program (Hawaii theme)	Calabogie Peaks *****
January 19, 2016	6pm to 9pm	CADS Level 1 Sit Ski module (optional)	Pakenham, Note 1
January 20, 2016	7pm to 9pm	Volunteer Ski Improvement	Pakenham, Note 5
January 23, 2016	9:00-4:00	Tentative training day	Calabogie Peaks
January 24, 2015	10:00-3:00	Calabogie Student Program	Calabogie Peaks *****
January 24, 2016		Instructor/Volunteer Pot Luck	Calabogie Peaks Catherine's House
January 27, 2016	7pm-9pm	Volunteer Ski Improvement	Pakenham
January 30, 2016	9:00-4:00	CADS Level 1 ASD/CI Module	Calabogie, Note 2
January 31, 2016	10:00-3:00	Calabogie Student Program	Calabogie Peaks *****
February 1, 2016	10:00-3:00	Community Living Day	Calabogie Peaks *****
February 3, 2016	7pm to 9pm	Volunteer Ski Improvement	Pakenham, Note 5
February 7-12, 2016	9:00 4:00	Winter Sports Clinic	Calabogie Peaks *****
February 7, 2016	10:00-3:00	Calabogie Student Program	Calabogie Peaks *****
February 14, 2016	10:00-3:00	Calabogie Student Program (Hero & Hearts - Valentines theme)	Calabogie Peaks *****
February 16, 2016	6.00 - 9.00 pm	12 Hour CSIA Methodology.	Pakenham, Note 3
February 17, 2016	6.00 - 9.00 pm	12 Hour CSIA Methodology.	Pakenham, Note 3
February 21, 2016	10:00-3:00	Calabogie Student Program	Calabogie Peaks *****
February 23, 2016	6.00 - 9.00 pm	12 Hour CSIA Methodology.	Pakenham, Note 3
February 28, 2016	12:00-3:00	Banquet/Awards	Calabogie Community Centre

Calabogie Adaptive Skiing Program Events and Schedule

(REV. Dec 28, 2015)

***** Wall Divider Required

March 5, 2016	9:00-4:00 pm	CADS Level 2 ASD Module	Edelweiss, Note 4
March 6, 2016	9:00-4:00 pm	CADS Level 2 Sit Ski Module	Edelweiss, Note 4
March 13, 2016	All Day	CADS-NCD Ski Trip	Ste. Sauveur/Mt. Avila
March 20-25, 2016		CADS FESTIVAL	Kimberley, BC

Note 1, Eligible participants include existing CADS Level 1 instructors (no charge).
-Attendees must attend on the mandatory evening and 1 of the optional evenings.

Note 2, Eligible participants include existing CADS Level 1 instructors (no charge) .

Note 3, Participants would include NCD volunteers who want to take a CADS Level 1 certification course or CADS Specialist modules.

Note 4, Participants would include existing CADS Level 2/2A instructors who want to upgrade to the new CADS certification standard (Could also include existing CADS Level 1 instructors who would only be tested to the new CADS Level 1 Standard if we have enough course conductors).

Note 5, Week Ski Improvement Course for Volunteers will be held on Wednesday evenings at Mt Pakenham 7:00 – 9.00 pm Jan. 6, 13,20 27 & Feb 3, 2015.

Key: **Important Instructor Dates** **Important External Events**

What to do when you cannot attend the Sunday program



Volunteers and Students please make sure to contact Raymond via email, text or call, in advance to the Sunday program (if possible) if you are unable to attend the Sunday program.

Knowing in advance will give management time to rearrange volunteers and students to ensure the Sunday Program can run in the most efficient way possible.

Raymond Blimkie Contact information

Email: snow@blimkie.ca
Phone: 613-325-3349