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THE MOUNTAIN CODE OF CONDUCT



Respect it!



Éducation,
Loisir et Sport

Québec



WHAT IS THE MOUNTAIN CODE OF CONDUCT?

The **Mountain Code of Conduct** sets out the rules that aid in accident prevention and help make the trails an enjoyable shared area for everyone on the mountain. **The Code also applies inside snow parks.** It is posted at ticket outlets and lift line-ups.

The mountain operator may specify other rules that must be respected, in addition to the Code. The patrollers have the authority to confiscate your day pass if any part of the Code or these rules has been broken. For these reasons, it is very important that each person on the mountain show consideration for other users and respect the Code and the rules that ski centres have put in place. Your safety and the safety of those around you is at stake.



FOR A SAFE GLIDE

Before using the trails, it's essential to get acquainted with the mountain's characteristics, which will make it easier to find your way around. Look for the mountain map and lift information on the signboards between the lodge and where you access the trails. A pocket-size diagram of the slopes and lifts is also available at the ticket office.

LEVELS OF DIFFICULTY

You should choose trails that correspond to your level of experience and ability. All trails are rated according to the following scale:



Easy



Difficult



Very difficult



Extreme

SNOW PARKS

Park users should also:

- * exercise prudence
- * first become familiar with the facilities
- * use only those that correspond to their level of ability

THE RULES

- 1 Keep it under control!
- 2 On trails, yield to those below!
- 3 Don't block the trail!
- 4 At intersections, yield to those above!
- 5 Give the ski patrol a hand!
- 6 Hold on to your equipment!
- 7 No alcohol or drugs!
- 8 Respect signs!

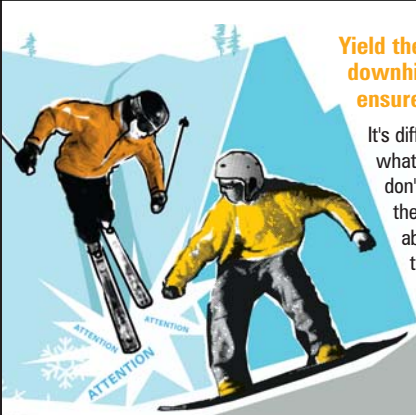


Remain in control of your speed and direction. Make sure you can stop and avoid any person or obstacle.

This article emphasizes mountain users' responsibility for keeping their movements under control. They must choose trails that correspond to their level of ability and stay alert, in case rapid reaction is needed to avoid a collision.

KEEP IT UNDER CONTROL!

1



Yield the right of way to persons downhill and choose a course that ensures their safety.

It's difficult for people part-way downhill to see what's going on behind them—after all, we don't have eyes in the back of our heads! On the slopes, one has a clearer view from above; a person in an uphill position relative to other users is responsible for manoeuvring to avoid them.

ON TRAILS, YIELD TO THOSE BELOW!

2



Stop on a trail only if you are visible from above and if you are not obstructing the trail.

To avoid placing oneself needlessly in danger, it is preferable to stop only on the side of a trail, out of the way.

DON'T BLOCK THE TRAIL!

3



Yield the right of way to persons uphill when entering a trail and at intersections.

Just like motorists who must yield at intersections, mountain users must avoid cutting off another person who has already started a descent.

AT INTERSECTIONS, YIELD TO THOSE ABOVE!

4

If you are involved in or witness an accident, remain at the scene and identify yourself to a first-aider.



Whether or not mountain users were involved in an accident, they must help a person that is injured. They should also assist members of the ski patrol in gathering accident-related information. Mountain users can also help prevent accidents by notifying ski patrollers of behaviour that goes against the **rules of the Code**.

5

GIVE THE SKI PATROL A HAND!

Use and wear at all times a proper device to prevent runaway equipment.



Mountain users must use safety mechanisms that, in the event of a fall, prevent their equipment from getting away from them and injuring another person. In the case of skis, this would consist of the braking system built into the bindings; for snowboards, one uses a leash.

6

HOLD ON TO YOUR EQUIPMENT!

Keep out of the lifts and trails if your ability is impaired through use of alcohol or drugs.



These substances weaken mental capacities and affect people's ability to react rapidly and remain in control of their movements. Alcohol and drugs don't go along with safety on the slopes!

7

NO ALCOHOL OR DRUGS!

Obey all signs and warnings and never venture off the trails or onto a closed trail.



The mountain operator posts signs that provide essential information for finding one's way safely around the mountain. Consequently, it is important to read and obey them. Use only authorized trails.

8

RESPECT SIGNS!